



For Immediate Release

**Cowichan Station Girl's Dream of Attending Dance Camp
at the Royal Winnipeg Ballet School Comes True**

Victoria, Tuesday, August 2, 2016 – Fifteen year old Olivia Waugh has a passion for dance and she has dreamed of attending classes at the Royal Winnipeg Ballet School for as long as she can remember. Olivia and her mother will be flying to Winnipeg on Friday, August 5, 2016, to make Olivia's Dream come true. Olivia will participate in a two week summer dance camp at the home of the prestigious ballet company.

Olivia has Type 1 Juvenile Diabetes which presents her with a variety of daily challenges. Olivia uses her love of dance as a way to both manage her disease through physical exercise and as a way to alleviate the stress caused by the illness. She certainly does not let the insulin diabetes limit her in any way. She is a writer, photographer, plays volleyball and received the 2016 Outstanding Achievement Award from Adage Studios (dance school).

Help Fill A Dream first met Olivia when she was six. The organization has supported her love of dance by making it possible for her to attend a number of dance camps in the area over the past few years.

Help Fill a Dream provides hope, help and happiness for Vancouver Island and the Gulf Islands' children with life-threatening conditions. The foundation fulfills dreams, improves quality of life and assists families with care and financial support. **Help Fill A Dream is proud to be celebrating 30 years of making Dreams come true and touching the lives of 2,200 Island children.**

Please join us at 11:00 a.m. at the Corix Water Products Branch located at 2622 Beverly Street, Duncan, BC on Wednesday, August 3, 2016, to meet Olivia and wish her a "bon voyage".

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For more information on:

Help Fill A Dream, please visit <http://www.helpfilladream.com/>